

## HOW WE CAN HELP

Chaplains are part of your health care team, working closely with physicians, nurses, social workers and the other health care providers.

Chaplains are clinically trained clergy/religious leaders who specialize in offering spiritual and emotional care to patients and their families.

We listen to what is important to you. We respect your dignity and are sensitive to differences in culture, religion and lifestyles. We provide spiritual and emotional support that contributes to your overall health and well being.

Our chaplains represent a variety of religions and faith traditions. In addition, we have contacts with others in our community, and we can help you arrange a visit from a religious leader of your choosing.

## REQUESTING A CHAPLAIN

Chaplains are available 24/7.

Anyone can request a chaplain visit, simply by asking your nurse or by calling 734-936-4041 from 8:00 a.m. to 4:30 p.m. Monday through Friday. For urgent needs or after hours, ask your nurse to page the on-call chaplain.

## CHAPELS and QUIET ROOMS

When you need a quiet space for prayer and/or meditation, the following are available to you:

- University Hospital Chapel, located on the second floor, room 2A215, near the Ford Amphitheater.
- Mike and Helen Vlasic Family Chapel in C.S. Mott Children's Hospital, located on second floor, near the Family Resource Center
- Quiet rooms in the Cardiovascular Center are located on:
  - Floor 2 Room 2501
  - Floor 2A Room 001B
  - Floor 4 Room 4141

## WEBSITE

Please visit our resource website for spiritual and religious resources including meditation, links to worship services, prayers, poems, and more. <http://www.mmspiritualcare.org>

## PUBLIC SERVICES

Public services are held in the University Hospital Chapel. The following services are held regularly:

### **Roman Catholic**

Mass is celebrated in the University Hospital Chapel Sunday at 11am and Mon-Fri at noon.

Holy Days are observed throughout the year and times are listed near the chapel.

### **Muslim**

Jum'ah prayers are held every Friday at 1:15 p.m. in the University Hospital Chapel, room 2A215.

### **POWER OF PEACE**

Power of Peace is held Wednesdays at 12. Call the Department of Spiritual Care for access to virtual link.

### **OFFICE HOURS**

Department of Spiritual Care office hours are 8:00 a.m. to 4:30 p.m. Monday through Friday. We are located on the second floor in University Hospital, room 2A220, next to the chapel.

**For Spiritual Care,  
call 734-936-4041**

## SPIRITUAL CARE

During a hospital stay, patients and families are often in need of spiritual or religious resources to help maintain a sense of well-being, hope and strength to deal with life's challenges. The Department of Spiritual Care at Michigan Medicine has caring and experienced chaplains available to support you and your family through this difficult time.

## CHAPLAIN SUPPORT

Chaplains are here to offer spiritual and emotional support during difficult life events.

You might find that chaplain support is helpful in the following situations:

- You are facing difficult decisions
- Spirituality or religion is important to you
- You are anxious or scared
- You have received bad news
- Religious or spiritual questions arise
- You are in need of prayer or other religious rituals
- You are struggling with the “why” questions
- You are grieving a loss
- You are facing surgery or a difficult procedure



## Department of Spiritual Care

### Michigan Medicine

University Hospital, Room 2A220  
Ann Arbor, MI 48109

For Spiritual Care,  
call 734-936-4041

Email: [UMHS-Chaplain@med.umich.edu](mailto:UMHS-Chaplain@med.umich.edu)

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